



SPRING 2018 Edition

PENNSYLVANIA LICA NEWS

LAND IMPROVEMENT CONTRACTORS OF AMERICA

PENNSYLVANIA LICA FIELD/AG DAY

WEDNESDAY, JUNE 20, 2018---(9am-5pm-lunch included)
Come see tiling, equipment, meet w/dealers and vendors
(rain date June 21st)



LOCATION: 148 Old Mill
Road, Grove City, PA

**Properties of Cory
Stuchal and Spring
Meadows Farm**

Companies Represented:

Anderson Equipment,
Groff Equipment, CAT,
RWF BRON, ADS,
Northland Trenching,
Cleveland Brothers/
SITECH, and others.....



PALICA
775 Mercer Road
Greenville, PA 16125

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Dan Micsky

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William Guiste

Jeremy Pruskowski

Cory Stuchel

Gary Theuret

Executive Director & Editor

Joanie Micsky

PRESIDENT'S MESSAGE

Hello PALICA Members,

My husband and I attended the National LICA Convention in South Carolina; it was very informational. I'm sorry more PALICA members were not in attendance. We also just had the PALICA Convention in Harrisburg, PA. What great workshops were presented! We did have some new members attend which is great, but again, I was disappointed that more of our members were not in attendance. I know if you could attend at least one of our meetings, you would want to come back for more.

I would like to take a moment and give our Executive Director, Joanie Micsky, a BIG THANK YOU for all the work she put into this Convention in getting all the speakers for the workshops, and everything else she did to make this convention a great success!

Congratulations to our Contractor of the Year, Jeremy Pruskowski and Dan Micsky for receiving the Corky Miles Award.

I am sure all of you are ready for SPRING to begin, although the calendar says it is spring, it sure doesn't look like it here; we still have a lot of snow on the ground that needs to melt before the contractors here can work.

Hopefully you have all your repairs on your equipment done and ready to work when the weather breaks. Remember safety first before you start your job; please be aware of all your surroundings and drink plenty of fluids, preferably water.

I am looking forward to our Field Day in June –hope to see many of you there!

One more thing, the Scholarship applications for college students and those entering college in the fall and are due by June 15, 2018. Have a safe and prosperous Spring.

Regards, **Evelyn Cottrell/President**



TRENCH SAFETY INSTRUCTION-DON'T MISS OUT ON THIS OPPORTUNITY TO LEARN SAFE PROCEDURES!



Join us for a trench safety class by a certified instructor from Trench Tech Inc.

Friday May 11th--class at 11am, lunch will follow.

TOPCON Solutions Store, 7075 North Noah Drive, Saxonburg, PA 16056

Call Joanie w/any questions @ 724-866-1082

You will learn about products that are used for safety during trench digging as well as what OSHA requires from you regarding trenches – don't get caught by a surprise inspection --- OSHA looks for job sites just like these!

EXCITING CHANGES COMING TO PALICA!

If you're on Facebook, find our page (Pennsylvania LICA) and LIKE US! We put a lot of great information and upcoming events on there regularly so you'll always know what's going on in between newsletters!



We're also getting a new website.....it's currently being constructed and we hope to have it up and running by the end of June. There will be a member only secure section that you'll need to use your personal member ID to access—I'll send everyone your member ID # with your directory in case you forgot it.

MORE NEWS FROM AROUND PA & LICA!

- Petrocon has added 2 new programs! Piston & Piston Kits and Cooper Tire Program. They are listed on the benefit page on the website on page 3.
- Service Supply is no longer a National benefit.
- The Summer meeting will be in Grand Rapids, MI July 9-15thcheck out the national site for more info and registration @ www.LICANATIONAL.COM
-
- The PALICA Directories will be mailed out by the end of April....if you have any changes to your business information, please email Joanie with those changes at pennsylvanialica@gmail.com ASAP.
- Pennsylvania Scholarships are due June 15th so go to the website to print off an application with instructions on how to submit.



PIA Puccia Insurance Agency
www.pucciainsuranceagency.biz

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Independent Agent (F) 908-412-9702
233 Park Ave pkp_bca@yahoo.com
Scotch Plains, NJ 07076

Great news! Lifestyle Health Plans will now write groups of two, including husband and wife groups!

My name is Peter Puccia. I have over 25 years' experience in the health insurance field. As most of you already know, healthcare has spiraled out of control. This plan can help you contain costs now and in the future.

In 2018, level-funded and self-funded plans are becoming the new trend. For example, Aetna Healthcare pulled their whole ACA Obamacare portfolio off the market in New Jersey. Now, they are only selling self-funding plans. There are companies alike, such as Starmark, National General and Medova.

Medova, on a national level, has been offering health plans for large to mid-size companies for the past 20 years. I personally feel their plans have more to offer, outstanding service and the most competitive rates.

Highlights:

- **LifestlyeMD-On demand access to telemedicine. Consult a physician anytime \$0 copay.**
- **100% out-patient lab benefit program**
- **Diabetic supplies auto-ship program offers 100% benefits for diabetic testing supplies**
- **Wellness program will allow you to participate by answering a five-minute survey and free bloodwork will reduce your deductible by \$500 automatically. If you continue with the wellness program you can drive it down by \$1,000.**
- **Out of pocket expense is \$5,500 or \$5,000 with the wellness program.**
- **ACA Obamacare out of pocket is \$7,350.**
- **Prescription drug benefit has a \$1 and \$15 copay for generic.**
- **You automatically receive a national network, along with your local network at no additional cost.**
- **Dental and vision is also available.**
- **16 different plan designs to choose from!**

I, Peter Puccia, will be assisting you, along with Anthony Mercado, new PA LICA Associate member and agency owner of Nationwide.

WELCOME TO OUR NEWEST MEMBERS!

CONTRACTORS

CAT Iron Inc.
Robb Davis
587 Covered Bridge Road
Oley, PA 19547
Berks County
610-689-0855

J.R. Hurst Excavating LLC
Jay Hurst
1085 Rock Road
Schuylkill, PA 17072
Schuylkill County
570-345-8580

Meshoppen Stone
Bill Ruark
131 Frantz Road
Meshoppen, PA 18630
Wyoming County
800-836-1269

Tighe's Earth Moving Inc.
Matt Tighe
17284 Tighe Road, BOX 874
Linesville, PA 16424
Crawford County
814-434-0954

Delmont Utilities Inc.
Alfred Conan
3565 Winding Way
Newtown Square, PA 19073
Delaware County
610-356-8977

Main Line Commercial Pools Inc.
Michael Grimes
441 Feheley Drive
King of Prussia, PA 19406
Montgomery County
610-277-4276

New Milford Township
Jack Conroy
19730 SR 11
New Milford, PA 18834
Susquehanna County
570-465-3749

W. F. Hammell Nurseries LLC
Jordan Hammell
125 Lewis Mills Road
Honey Brook, PA 19344
Chester County
610-942-8733

Doug Robertson Enterprises
Doug Robertson
1159 Mountain Road
Kempton, PA 19529
Berks County
610-756-6691

Mayfield Site Contractors Inc.
David Hoplamazian
596 Swedeland Road
King of Prussia, PA 19406
Montgomery County
610-279-2000

QCI Excavating Inc.
Jim Quinn
2 Elm Avenue
Aston, PA 19014
Delaware County
484-840-0330

ASSOCIATES

Anthony Mercado Agency LLC
Anthony Mercado
217 E. Market Street
Orwigsburg, PA 17961
Schuylkill County
570-366-2368

**START TAKING ADVANTAGE OF ALL YOUR BENEFITS
AS NEW MEMBERS TODAY!**

2018 PALICA Convention Speakers, Classes, & FUN!



2018 Convention Awards Banquet

(from left to right) **PALICA Officers for 2018-19 VP, Chris Moore, President, Evelyn Cottrell, Chairman of the Board, Dan Micsky, Treasurer, Ron Roncaglione**



Corky Miles Award presented to Dan Micsky for his work in growing PALICA



Contractor of the Year: Jeremy Pruskowski, J & A Excavating LLC

Dan Micsky's speech for the Contractor of the Year:

"This year's title of Contractor of the Year goes to someone who has a tremendous drive to succeed. I'll give you a little history behind this nomination. In the year 2000, he co-oped in high school, running heavy equipment for a local excavating until he graduated in 2003 when he started there full time. He bought his first machine while working for this contractor. At the incredibly young age of 21, he figured out how to put together a \$16,000 mini excavator, a pickup truck and a tilt deck trailer and decided he was in business. He "hung out his shingle," he found a few customers who needed a few small jobs done, and he never looked back. He's what I'd call ambitious, for example, in 2008 he got engaged, married and bought his first house, all within a 6 month time!

Each year since then, he's added and traded up on equipment to the point where he currently has 2 dump trucks, 2 trailers, one pickup, a large excavator, a large dozer, and mini excavator, and a skid loader on tracks. But more important than all of that, he has integrity and an amazing amount of intelligence and business sense. I've learned a lot from him, and I'd like to think I've shared a few nuggets I've picked up over the years with him. I've come to admire the fact that he represents all that LICA is about. He also holds himself to the highest standard. He shares his vast array of industry knowledge with anyone who asks (and some that don't!) and he loves to learn new things at every opportunity. While other young men were reading Playboy, he was reading equipment guides."

CONGRATULATIONS JEREMY & DAN ON YOUR AWARDS!

TELL US YOUR STORY LIKE THE ONE SHARED HERE....EVERYONE HAS A STORY OF HOW THEY WENT INTO BUSINESS, AND YOUR STORY COULD WIN YOU ONE OF A NUMBER OF PRIZES DONATED BY OUR ASSOCIATE MEMBERS!! MORE DETAILS WILL BE ON THE WEBSITE AND IN UPCOMING NEWSLETTERS.



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7075 North Noah Drive, Saxonburg, PA 16056



PPS, INC. is transitioning into a Topcon Solutions Store.



We will continue to offer Survey Equipment, Global Positioning Systems 2D & 3D Machine Control Systems, Construction Lasers and a full line of Accessories and Product Support.

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Pennsylvania Department of General Services



Pennsylvania One Call System, Inc.

NOW THAT EVERYONE IS GETTING BACK TO WORK, follow these 4 simple steps so that you will not be required to pay the PA One Call System, Inc. invoice. **That's a \$125.00 savings to you!**

I've place an excavation notification with PA One Call System, Inc., and then received a \$125.00 invoice for payment.

How can I get PALICA to pay this invoice?

1. You'll receive an invoice from PA One Call System, Inc. after you place the first dig notification of the year.
 2. Mail or fax your invoice to:

PALICA
775 Mercer Road
Greenville, PA 16125
ATTN: Joanie Micsky, Executive Director
724-475-4479
 3. PALICA verifies your up to date membership and then sends the invoice to PA One Call System, Inc.
 4. No payment is required by you – your account will be credited!
It's that easy as well as a big cost savings to your business.
-

Just ONE of many reasons to belong to PALICA**

Listen Up...Protect Your Ears!



According to the Occupational Safety and Health Administration (OSHA), noise-induced hearing loss is one of the most common occupational injuries. You may be exposed to dangerous loud noises which can cause permanent hearing loss, and not even realize it, since this can occur over time. Take control of your exposure before it is too late!

Noise Levels

The National Institute of Safety and Health (NIOSH) reports that workplace noise is likely to be hazardous if you have to raise your voice to talk to someone who is an arm's length away from you. The noise level may also be too loud if after you leave a noisy your ears ring or sounds seem dull. To prevent hearing loss, experts recommend hearing protection when exposed regularly to noise levels at 85 decibels (dB) or higher. This is less noise than the output of average traffic, most power tools, a shotgun blast or a rock concert.

Dangers If hearing becomes difficult for you, you may also be at risk for far more serious injuries. For instance, if you are unable to hear warning signals or shouting coworkers, you may not be aware of potential dangers or injuries. This could cause you to be involved in a serious accident.

Warning Signs Curious if the noise in your workplace has had some effects on one of your most valued senses? Do any of these warning signs "sound" familiar?:

- You think people are mumbling or not speaking clearly.
- You need others to repeat what they say frequently.
- You watch people's faces intently while

listening to them speak.

- You need to increase the volume on the television or radio to the point that others find it too loud to bear
- You experience ringing in the ears or feel dizzy

The last warning sign of hearing loss, called tinnitus, is the most serious. Tinnitus occurs after repeated exposure to excessive noise without adequate hearing protection. This injury is irreversible and can lessen your quality of life.

Protections To reduce your risk of hearing loss on the job, you should always wear some form of hearing protection, even if you feel you may not need it.

There are a variety of sizes, shapes and styles of hearing protection to choose from. Some of the most common include:

- Single-use ear plugs (self-forming)
- Pre-formed or molded earplugs, which are individually fitted by a professional (there are both disposable and reusable types)
- Earmuffs that form a perfect seal around the ear (facial hair, eyeglasses, long hair and facial movements can reduce the protective value)
- A hearing test is the best measure of determining if you are at risk for hearing loss. If you are regularly exposed to loud noises at work (or in life), take a hearing test annually.
- For more information on workplace hearing loss, as well as additional resources such as a noise meter, frequently asked questions and information about how to choose ear protection, visit NIOSH's Web site at www.cdc.gov/niosh/topics/noise. ■



Construction equipment, e.g., jackhammers and bulldozers, also produce substantial noise pollution.



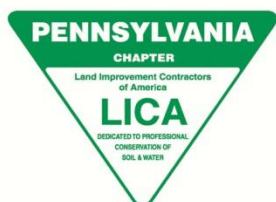
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